



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School

Breakfast and Lunch Menu March 2024



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>	<p>GoodBye February</p> <p>Hello March</p>	
26	27	28	29	1
<p>Bacon, Egg and Cheese Biscuit Fruit Juice, Milk</p>	<p>Waffles Fruit Juice, Milk</p>	<p>Donut Fruit Juice, Milk</p>	<p>Breakfast Pizza Fruit Juice, Milk</p>	<p>Biscuits and Gravy Fruit Juice, Milk</p>
<p>California Chicken Flatbread Cesar Salad Fresh Fruit and Vegetable Bar Chocolate Chip Cookie Milk</p>	<p>Beefy Nacho Fries Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk</p>	<p>Chicken Fry Steak Fingers Mashed Potatoes and Gravy Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>	<p>Asian Chicken Bar General Tso, Sweet n Sour, Teriyaki Brown Rice Roasted Veggies Fresh Fruit and Vegetable Bar Milk</p>	<p>Baked Potato Bar w/ Chili "Fixins" Garlic Stick Fresh Fruit and Vegetable Bar Oreo Pudding Milk</p>
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Veggie
4	5	6	7	8
<p>Sausage Biscuit Fruit Juice, Milk</p>	<p>Smoothie and Toast Fruit Juice, Milk</p>	<p>Funnel Cake Strawberries and Cream Juice, Milk</p>	<p>Breakfast Burrito Fruit Juice, Milk</p>	<p>Biscuits and Gravy Fruit Juice, Milk</p>
<p>Cheeseburger Lettuce, Tomato and Pickles Curly Fries Fresh Fruit and Vegetable Bar PNB No Bake Cookies Milk</p>	<p>SMS Special Chicken, Rice and Cheese Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>	<p>Popcorn Chicken Mashed Potatoes and Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>	<p>Macaroni and Cheese Little Smokies Green Beans WG Biscuit Fresh Fruit and Vegetable Bar Milk</p>	<p>PBJ Sandwich Goldfish Crackers String Cheese Fresh Fruit and Vegetable Bar Jello Milk</p>
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Veggie
11	12	13	14	15
<p>Omelet and Toast Fruit Juice, Milk</p>	<p>French Toast Sticks Fruit Juice, Milk</p>	<p>Blueberry Muffins Fruit Juice, Milk</p>	<p>Biscuits and Gravy Fruit Juice, Milk</p>	
<p>Breaded Chicken Sandwich Potato Wedges Pork n Beans Fresh Fruit and Vegetable Bar Sugar cookie Milk</p>	<p>Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>	<p>Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk</p>	<p>Pizza Cesar Salad Fruit Bar Ice Cream Milk</p>	
SAME	SAME	SAME	SAME	
18	19	20	21	22

SPRING BREAK MARCH 18th - MARCH 22nd

25	26	27	28	29
<p>Sausage, Egg and Cheese Biscuit Fruit Juice, Milk</p>	<p>Pancake on a Stick Fruit Juice, Milk</p>	<p>Long John Donut Fruit Juice, Milk</p>	<p>Biscuits and Gravy Fruit Juice, Milk</p>	<p>GOOD FRIDAY</p>
<p>Chili Dog Tator Tots Shredded Cheese Fresh Fruit and Vegetable Bar Oatmeal Chocolate Chip Cookie Milk</p>	<p>Crunchy Beef Taco Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk</p>	<p>Baked Ham Scalloped Potatoes Green Beans WG Hot Roll Fresh Fruit and Vegetable Bar Milk</p>	<p>Toasted Ham and Cheese Sandwich Potato Chips Fresh Fruit and Vegetable Bar Brownie Milk</p>	
CornDog/Veggie	SAME	SAME	SAME	

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.